

COVID-19

Instructions for passengers arriving in Finland

People arriving from high-risk countries are referred to a health examination at the point of entry

Depending on the decision of the Regional State Administrative Agency, a health examination may be mandatory. The authorities at the border-crossing provide detailed instructions. The health examination determines whether the passenger has a risk of COVID-19 infection.

Risk countries are countries in which the incidence of corona virus disease is more than 25 cases per 100,000 inhabitants within 14 days. Check the up-to-date status at thl.fi/matkustajaohje.

You must participate in the mandatory health examination even if you have received two doses of COVID-19 vaccine. This is because it is not yet known how well the vaccine prevents the virus from infecting others.

People belonging to groups that are important for the functioning of society and security of supply as well as other special groups must also take part in the mandatory health examination. The health examination ensures that they have the required health security plan.

If you refuse to take part in a mandatory health examination, you may receive a fine or be punished with a maximum of three months' imprisonment for a health protection violation.

The following persons do not need to participate in a health examination

- Children born in 2008 and after.
- Freight transport and logistics personnel. A separate health security instruction has been prepared for them.

COVID-19 test as part of the health examination

Passengers may be tested for COVID-19 in connection with the health examination. The test is free of charge.

The Finnish Institute for Health and Welfare has recommended that all transport and shipping companies transporting passengers require a negative COVID-19 test result from all passengers coming to Finland from, including Finnish citizens. Determine in advance whether a negative test result is required.

When you arrive in Finland, you can also display the same test result at the border crossing point.

You do not need to take a COVID-19 test upon arrival if you have:

- a medical certificate that you have had the coronavirus disease less than 6 months ago.
- a certificate of a negative COVID-19 test taken within 72 hours before entry.

In addition, the health authorities will ask you for your contact information. This allows the Communicable Disease Control Physician in your municipality of residence or temporary municipality of residence to refer you to another test in 72 hours, and your data can be used for tracking the infection. Disclosure of contact information is mandatory.

Self-quarantine and second test

You must be in self-quarantine after arrival until a negative test result of the second test is confirmed.

Self-quarantine means that you avoid close contact with persons other than those in your own household and stay at home or at your place of accommodation. Leaving the house for **necessary** reasons, such as visiting a doctor, is allowed. However, keep a safety distance of more than 2 m and use a face mask.

If you do not go to the second test, you must remain in self-quarantine for 14 days after arrival. If you do not self-quarantine, the Communicable Disease Control Physician issues an official order for a 14-day quarantine, which is mandatory.

If you think you might have contracted coronavirus

Immediately contact the health counselling of the entry point or, in the absence of it, the health care of the municipality of residence.

Additional information about coronavirus

On the National Institute for Health and Welfare website: thl.fi/coronavirus

Additional information on border crossing

Further information on the Finnish Border Guard website: raja.fi

Passengers using FINENTRY

If you have entered your information in the FINENTRY service, follow the instructions provided by the service: www.finentry.fi.

All passengers must take the following instructions into account



Wash your hands with soap often and carefully.



Cough and sneeze into a disposable tissue.



Stay at a distance of more than 2 metres from other people at all times.



Wear a mask.



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